

# ChEHS-Q (English version)

## Children's Environmental Health Skills Questionnaire

*This scale could be used for research or clinical purposes provided the source is cited. If you use or modify this scale, please report to authors by –email to: [cagarcia@ujaen.es](mailto:cagarcia@ujaen.es)*

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This questionnaire measures the overall perceived skills on sustainability and climate change issues and their effects on healthcare delivery. It could be used for nursing students.

### Scoring instructions

The overall score is calculated by adding the scores that each student has assigned to each item.

The maximum score is 60 points (Skill Index 100%). The following index can be calculated from the score:

- Skill Index = Overall score / 60 X 100

In order to categorize the perceived skill level by nursing students, the following ranges are proposed:

- 90 % = excellent skills
- 90 % - 80 % = very good skills
- 80 % - 70 % = good skills
- 70% - 50% = not enough skills
- < 50% = poor skills

## ChEHS-Q (English version)

Sustainability in healthcare means designing and delivering healthcare that uses resources in ways that don't prejudice future health and wellbeing. Next, there are a series of statements about children's environmental health skills. Please, tick the answer from 1 to 5 as you feel that each statement corresponds to you.

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1. I am able to assess the main environmental risks to which a child is exposed.

Strongly disagree 1 2 3 4 5 Strongly agree

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2. I am NOT able to identify the environmental risks that can cause respiratory diseases in a child.

Strongly disagree 1 2 3 4 5 Strongly agree

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3. I am able to identify the environmental risks that can cause neoplastic diseases in a child.

Strongly disagree 1 2 3 4 5 Strongly agree

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4. I am NOT able to identify the environmental risks that can cause neurological disorders in a child.

Strongly disagree 1 2 3 4 5 Strongly agree

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5. I am able to provide health education to parents about the main contaminants in their child's food.

Strongly disagree 1 2 3 4 5 Strongly agree

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6. I am NOT able to identify the environmental risks in playgrounds.

Strongly disagree 1 2 3 4 5 Strongly agree

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7. I am able to provide health education to parents about actions to minimize environmental risks to which a child is exposed when playing outdoors.

Strongly disagree 1 2 3 4 5 Strongly agree

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8. I am NOT able to identify the environmental risks in a child's home.

Strongly disagree 1 2 3 4 5 Strongly agree

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9. I am able to provide health promotion to parents about environmental risks at home.

Strongly disagree 1 2 3 4 5 Strongly agree

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10. I am able to identify the environmental risks in a child's school.

Strongly disagree 1 2 3 4 5 Strongly agree

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11. I am NOT able to identify the actions needed to combat environmental risks in a child's school.

Strongly disagree 1 2 3 4 5 Strongly agree

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12. I do NOT feel able to do my job as a nurse in a Pediatric Environmental Health Specialty Unit.

Strongly disagree 1 2 3 4 5 Strongly agree

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